

Winter's Prayer List

By Lee Yates



Winter brings lots of challenges for people. Some are impacted emotionally by the celebratory atmosphere of holidays. Others are physically impacted by the change in weather. Still others struggle with increased heating cost and expenses. Take time to pray for those who struggle in winter.

For
Teen Family

Season
Winter

Needed
10 – 20 pieces of 8.5 inch square white paper, scissors, marker, trash can, directions for cutting paper snowflakes.

Prepare in Advance

- Print out directions for [cutting paper snowflakes](#)
- Gather supplies and clear a space for everyone to sit comfortably.
- Make sure everyone has easy access to materials and the trash can.

Activity Plan

1. Begin with a short prayer. Here are some words if you need them.

God, be with us in the warmth of this space and with those who feel the cold of winter. May they be on our minds as we begin.

2. On a blank piece of paper, make a list of things people struggle with in the winter. Use the following questions to help expand your list.
 - How does winter impact those who farm or work outside?
 - How does winter impact those with sub-standard housing?
 - How does winter impact energetic children?
 - How does winter impact tourism?
 - How does winter impact people with depression or other mental illness?
 - How does winter impact the elderly or disabled?
 - How does winter impact the homeless?
 - How does winter impact those who are lonely or alone?

3. Write the names, issues, or concerns that you have listed, each on its own piece of an 8.5 inch paper square.
4. Use the directions to create snowflakes out of each piece of paper.
5. Pass the snowflakes out so each person has an equal number.
6. Use this prayer to pray for the names, issues or concerns. Make sure you take time to say each one as part of the prayer.

Lord, we are blessed to have this space to gather in the warmth of a home. We are blessed to gather in the warmth of a family. We lift up those who might feel the bitter cold of winter. Hear us as we pray for... (share words on snowflakes here). Amen.

7. Hang the snowflakes somewhere in the house so that you can continue to keep those names, issues or concerns in your prayers through the winter.
8. Share your snowflakes with others, take pictures of individual snowflakes and post them at [Vibrant Faith @ Home](#). We would love to be in prayer for you and with you. While you are there, look at some of the snowflakes posted by others. Consider printing some out and adding them to your prayers at home.

