

Washing Feet



In John's Gospel we hear the story of Jesus washing the feet of his disciples. Take time for your family to have a movie night that helps members reflect on what it means to "wash the feet" of one another.

For

Families with Adolescents

Season

Spring, specifically Holy Week

Needed

Movie: *Entertaining Angels* or *Pay It Forward*, slips of paper with family member's names on them, Bible

Prepare in Advance

Obtain the movie *Entertaining Angels* or *Pay It Forward*

Mark your Bible to John 13:1-17, 33-35

Fold slips of paper and put them in a bowl

Activity Plan

1. Say this prayer aloud to begin.

Loving God, we begin our night together by saying thank you for our time together. We ask you to open our mind and hearts to listen to your call of serving others. Help us to be more like you in all we do. Amen

2. Watch movie.
3. Invite family members to share their thoughts and feelings about the movie. What was interesting, moving, challenging, helpful?
4. Read John13: 1-17, 33-35.
5. Explain that during the upcoming week you will each select a family member who you will work to "wash their feet" on a daily basis. This may mean writing special notes, helping with the dishes, making dinner, etc. Be creative and thoughtful, reminding yourself that you are acting as Jesus did when he washed the feet of his disciples.
6. Pass around the bowl of names (making sure to not select your own name).
7. Close your time together by once again reading John 13: 1-17, 33-35.

8. At the end of the week, take time to discuss how this impacted the week of all involved. How can everyone carry this practice into their daily interactions with everyone?

Helpful Links

- Entertaining Angels Study Guide: <https://www.visionvideo.com/pdf/EntertainAngels.pdf>
- Pay It Forward Study Guide: <http://www.spiritualityandpractice.com/films/vvcfeatures.php?id=14967>

Additional Ideas

- Make it fun by popping popcorn together or getting your favorite family treat.
- Wash the feet of your family members. You can either start your night by sharing in this ritual or use it as a closing prayer.
- Take time to “wash the feet” of your family members by starting with affirmations for one another. These can be general positives you see in one another or you can share how you see members serving others currently.

