



the visual **faith** project

A Visual Faith Experience Safe House Relationships

By Dr. Dick Hardel

Theme: Safe House/Relationship - Luke 1: 39-45

Intended Audience

Small discussion group of youth or adults, or an intergenerational small group

Outcome of Experience

To encourage participant to express the need for safe relationships and to establish such relationships.

Introduce Experience

From a very young age to being a senior adult, we have a need for a safe house, a safe relationship, where we could safely stay in danger or difficult times and with whom we could share deep issues and fears we might have in troubling times. Many people do not have such a safe house or relationship to visit.

Image Selection

Choose one or two images that depict a safe house or safe relationship to you.

Facilitators Questions to Guide Group Discussion

1. How does the image connect to and experience of a safe house or safe relationship you have had or, one that connects to a friend or relative?
2. Have you heard of a storm house?
What purpose might there be for a youth attending school to have a storm home?
3. As you view the image what emotions arise in you?
4. Who is a person with whom you can safely share your identity, difficult situation, or concerns?



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Safe House Relationships Experience continued...

Scripture (Luke 1: 39-45)

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord."

Questions to Connect Chosen Image with Scripture

1. What might be a connection with the image(s) you have chosen with this story in Scripture?
2. What might be some reasons Mary needed a safe house/relationship to visit?
3. What emotions might Mary have been feeling?
4. Where might God be in the story of your chosen image?

Application

- Have you ever felt unsafe sharing a personal situation or concern? What caused you to feel unsafe? How did you respond to the situation?
- What are some of the emotions you have felt when sharing deep concerns with God? What might a safe place with God or safe relationship with God look like?

Prayer

As the facilitator create a holy space, a safe place, for the individuals and group to engage in prayer. Invite the participant to pray aloud for others and/or themselves concerning what was shared in this time together. In a small group always allow a person to pass, but have the group spend at least two minutes in silence each time someone chooses to pass.

Image Packs

We recommend Assorted Set A (set of 100 printed images) for use with this experience or other images that you may already have. You can find Set A at: <https://vibrantfaith.org/shop/visualfaithcards>