

Valentine Prayers

By Jolene Roehlkepartain

Make easy, handmade valentines with pictures and messages that tell people how much you care about them.

For

Young Family

Season

Winter

Needed

Bible, copies of the People Around You worksheet (one per person), pens or pencils, washable markers or crayons, copies of the [heart image](#) (several per person), 8 ½- x 11-inch paper (in white, pink, or red), envelopes, first-class stamps, addresses



Activity Plan

1. Say this prayer aloud to begin.

God, help us to show our love to the people around us. Amen.

2. Ask someone to read aloud 1 John 4:7 “Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God.”

Then ask another family member to read aloud Matthew 22:37-39 “And he said to him, ‘You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets.’”

3. Give each person a copy of the People Around You and pen or pencil. Read through the handout together. Have each person identify the name of someone who fits each category. (You can also name more than one for each category.) Help young children who may not be able to write yet.
4. Have each person circle three to five names from the People Around You worksheet.
5. Using the [heart image](#), print one for each person on on 8 ½- by 11-inch paper in white, pink, or red.
6. Have each person write a short thinking-of-you prayer (or draw a picture) on each heart using washable markers or crayons. For example, someone might write, “I love you and I pray for you” or “You are the best!” Then have the person sign his or her name at the bottom of the heart.
7. Find the address for each person you created a Valentine for. Write the address on an envelope. Fold up the heart that you created for the person to fit inside the envelope. Then place a first-class stamp on the envelope, and mail them to be received by Valentine’s Day.
8. Give each person another heart. Have each person write the names of the people he or she made Valentine Prayers for. For example, the heart might say: Grandpa, Aunt Nancy, Bobby, Mom, and Mr. Anderson. Then have that person write his or her name at the top of the sheet. Keep the Valentines with people’s name on it at your table. When you have a meal, say a prayer for the people listed on the Valentine heart.

People Around You

Fill in the names of people around you who you know.

How You Know This Person	Name of Person
Mom, Dad, Brothers, Sisters, Stepmom, Stepdad	
Grandpa and Grandma	
Aunts and Uncles	
Friends	
Classmates or Co-workers	
Neighbors	
People at Church	
Teachers	
Others	

