

# Take a (Spring) Break!

By Beth Beall

When we do the things God does, we feel refreshed and recharged. Let's focus on doing two of God's activities—creating and caring—over Spring Break.

## For

Just for Kids

## Season

Spring



## Needed

Bible (or you can read online using the link provided below); Ingredients to make play-doh: water, flour, salt, cream of tartar, vegetable oil, food coloring (optional), cooking pan, wooden spoon, measuring cups, measuring spoons

 by [The Pink Princess](#)

## Activity Plan

1. God is with us in everything we do, and prayer helps us to remember that. Begin this activity by praying this prayer:

*"Creative and caring God, thank you for Spring Break. Help me to get recharged during this time by doing some creative and caring things. Thank you for being with me always. Amen."*

2. The Bible teaches us that we are made in God's image. That means that we are made to be like God. God has many qualities. Two words that describe God are "creative" and "caring." Let's look at two places in the Bible that highlight these qualities of God. If you'd like to read from your own Bible, look up the following two passages. Or, read them online by clicking on the links below.

[Genesis 1:1-2:4](#) is a story of God's creativity. In this story, we see God at work creating the world. As you read the story, perhaps you'll want to imagine how God might have felt while God was creating everything. I wonder what God had the most fun creating? I wonder if you think God is still creating things?

[Psalm 145: 9, 14-17](#) is a prayer that someone prayed to God a long time ago. The prayer speaks about God's caring ways. I wonder how you know that God cares for you? This prayer describes God as "kind." I wonder what color you would use to paint kindness?

3. Over this Spring Break, you can recharge your spirit and become more like God by practicing creativity and kindness. Try one or both of the following activities. Have fun!



**GET CREATIVE BY MAKING PLAY-DOH!** You will need an adult's help with this, as the play-doh has to cook on a stove top.

Ingredients: 2  $\frac{1}{2}$  c. water; 2  $\frac{1}{2}$  c. flour 1  $\frac{1}{4}$  c. salt; 1  $\frac{1}{2}$  T. cream of tartar; 5 T. vegetable oil; food coloring (optional)

Directions:

- Mix the water, salt, cream of tartar and food coloring (if using) in a large saucepan. Cook on medium-low heat, stirring regularly until the mixture is hot.
- Add the oil.
- Stir in the flour a half-cup at a time, stirring well in between each addition.
- Mix until the play-doh pulls away from the pan and is no longer sticky. (Pinch it between your fingers to test whether it is still sticky.)
- Then dump it out on a table or countertop, let it cool a bit, and knead.
- Let the creating begin!

**KINDNESS & COMPLIMENTS.** Pick one day during your Spring Break to shower as many people as possible with compliments and kind words. Try to find something genuinely positive to say to the people you interact with during that one day. This can be a real challenge when you are faced with people you don't like too much. Ask for God's help. You may never know what a difference it will make to someone else to hear words of kindness. And every time you compliment someone or speak a kind word on that day, perhaps you'll remember that you are acting like God, who is "good to all" (Psalm 145:9).

