# **Social Media Prayers**

By Audrey Cox

Hundreds of ideas that suggest prayer needs are received from Facebook<sup>®</sup>, Twitter<sup>®</sup>, and texting each week. Remember your friend's posting about her break-up? What about your cousin's picture from his basketball game? How about that tweet that sounded like a call for help? Or maybe it's a reminder of someone's birthday! Try this helpful way to remember to pray for others at the end of each day.

#### For

Teen Family

### Season

Summer

#### Needed

Computer or cell phone, Prayer Reminder worksheet (see last page), scissors

#### **Prepare in Advance**

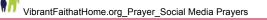
Make a copy of the verse on the Prayer Reminder worksheet (see last page) for each person.

#### **Activity Plan**

1. Gather as a family and begin with prayer:

Thank you, God, for always being ready to hear us when we come to you in prayer. Amen.

- 2. Give each person a copy of the Bible passage from the Prayer Reminder worksheet (see last page) to place somewhere near his or her bed, perhaps on a nightstand or headboard. Read it in unison and discuss what these instructions might mean for Christians today.
- 3. Spend a moment recalling the messages family members have received in the past day via Facebook<sup>®</sup>, Twitter<sup>®</sup>, or texting. Which of these messages suggest a person or a family in need of prayer?
- 4. Discuss how family members can keep track of prayer needs they see throughout the day as they use social media. For example, you might keep track in a text message to yourself, on an application for notes, or in a computer document. Challenge one another to gather four or five notes about prayer needs each day.
- 5. Before you go to bed, read the verse from Timothy as a reminder to pray for all people. Take a few minutes to pull up your notes from the day and pray for the individuals you listed. Here are some examples:
  - Someone posts about working on homework late at night—pray that God will give him or her wisdom and strength to finish the assignment.
  - You read a Twitter<sup>®</sup> conversation that seems pretty negative—pray for quick and peaceful resolution to the conflict.
  - Someone posts a photo of a recent accomplishment—give thanks to God for his or her success.
  - It's a friend's birthday—praise God for the life of this individual.
- 6. Once a week, perhaps at mealtime, take time as a family to talk about the prayer needs you've noted in the past few days.







## **Prayer Reminder**

