

# Social Media Prayers

By Audrey Cox



Hundreds of ideas that suggest prayer needs are received from Facebook®, Twitter®, and texting each week. Remember your friend's posting about her break-up? What about your cousin's picture from his basketball game? How about that tweet that sounded like a call for help? Or maybe it's a reminder of someone's birthday! Try this helpful way to remember to pray for others at the end of each day.



## For

Teen Family

## Season

Summer

## Needed

Computer or cell phone, Prayer Reminder worksheet (see last page), scissors

## Prepare in Advance

Make a copy of the verse on the Prayer Reminder worksheet (see last page) for each person.

## Activity Plan

1. Gather as a family and begin with prayer:

*Thank you, God, for always being ready to hear us when we come to you in prayer. Amen.*

2. Give each person a copy of the Bible passage from the Prayer Reminder worksheet (see last page) to place somewhere near his or her bed, perhaps on a nightstand or headboard. Read it in unison and discuss what these instructions might mean for Christians today.
3. Spend a moment recalling the messages family members have received in the past day via Facebook®, Twitter®, or texting. Which of these messages suggest a person or a family in need of prayer?
4. Discuss how family members can keep track of prayer needs they see throughout the day as they use social media. For example, you might keep track in a text message to yourself, on an application for notes, or in a computer document. Challenge one another to gather four or five notes about prayer needs each day.
5. Before you go to bed, read the verse from Timothy as a reminder to pray for all people. Take a few minutes to pull up your notes from the day and pray for the individuals you listed. Here are some examples:
  - Someone posts about working on homework late at night—pray that God will give him or her wisdom and strength to finish the assignment.
  - You read a Twitter® conversation that seems pretty negative—pray for quick and peaceful resolution to the conflict.
  - Someone posts a photo of a recent accomplishment—give thanks to God for his or her success.
  - It's a friend's birthday—praise God for the life of this individual.
6. Once a week, perhaps at mealtime, take time as a family to talk about the prayer needs you've noted in the past few days.



## Prayer Reminder

First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way. This is good, and it is pleasing in the sight of God our Savior.

– 1 Timothy 2:1-3

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