

# Praying for Light

By Christy Olson



Take a walk and explore the use of light in the winter. Conclude with a prayer around a candle.

**For**  
Young Families

**Season**  
Winter

## Needed

Paper and pencil, Bible, candle and matches

## Activity Plan

1. Take a walk around your house. Pretend you are explorers looking for anything that brings light to your house. One person is scribe and writes down what you find. Be specific. Use words like lamp, ceiling light, e-book reader light, and so on.
2. Find a place to sit together. Use these questions to talk about your list.
  - Why do we need light?
  - Do we need more light in winter than in summer? Why?
  - Let's read our list of things that bring light. Can you think of others that we didn't see?
  - How are the lights connected to power?
3. Read Matthew 5:14 "You are the light of the world. A city set on a hill cannot be hidden." This is what Jesus taught his disciples.
  - I wonder how we can be a light in the world?
  - What's the power source for us when we bring light to the world?
4. Gather around the candle. An adult lights the candle. Do this echo prayer. Leader reads and others echo.

*God we are your lights.  
You are the source of our light.  
Help us to shine brightly all winter. Amen.*

5. Variation: Have a winter family reading time. Read *The House at Pooh Corner* by A.A. Milne. Learn the *Tiddely pom* poem about snow and cold toes in winter.

The more it snows (Tiddely-Pom)  
The more it goes (Tiddely-Pom)  
The more it goes on snowing (Tiddely-Pom)  
And nobody knows (Tiddely-Pom)  
How cold my toes (Tiddely-Pom)  
How cold my toes are growing (Tiddely-Pom Tiddely-Pom Tiddely-Pom Tiddely-Pom)