

# Pentecost Prayer Labyrinth

By Ruth Hanley



During the season after Pentecost or Ordinary Time, celebrate the community of saints who make up the body of Christ. Thank God for your family's community of saints as you spend time with a portable prayer labyrinth you create and use together.

## For

Young Family

## Season

Spring

## Needed

Plastic shower curtain (used is fine); masking tape; permanent markers; a children's book about faith, family, or community (some are suggested at the end of this activity)



[Tim & Selena Middleton](#)

## Prepare in Advance

- Lay the shower curtain on a flat surface. Weather permitting, you may do this activity outside.
- Use masking tape to create a spiral shape coming out from the center of the shower curtain to the edge. Make the lines of the spiral far enough apart so it is easy to walk along the line.
- Draw large circles with permanent marker at five places along the path.
- Place the book you have chosen in the center of the labyrinth.

## Activity Plan

1. Gather around the spiral you've created on the shower curtain. Explain that this special kind of prayer path is called a labyrinth. Tell family member that as you walk along this path, you can thank God for all the people that God has placed in your lives to love and care for you—friends, family members, people at your church, neighbors, teachers, community helpers and more. Invite children to fill in the circles with names or pictures of people they would like to pray for.
2. Stand at the beginning of the spiral at the edge of the plastic. Ask family members to take off their shoes, a symbol that you are entering a sacred space. Pause for everyone to quiet themselves and take several deep breaths.
3. Enter the labyrinth, walking single file on the tape line. As you come to each circle, pause to read the names and think of the special memories you have of each person. Thank God for these people.
4. When you get to the center of the labyrinth, sit down and read the book you chose. Invite family members to tell what part they like best.
5. To leave the labyrinth, walk single file on the tape line. Pause at each circle to ask God to bless the people named in the circle.
6. As you exit the labyrinth, pause and take several deep breaths. Feel refreshed, renewed, and supported by the great community of saints who love you very much.

**Note:** Keep this labyrinth to use again. You can always add additional names to the circles.

