

# Ouch!

By Paige Evers



What's in your first aid kit? Most families with young children deal with cuts, scrapes, bug bites, sunburns, and illnesses fairly regularly. Playing outside, spending time in the sun, and picking up germs is part of growing up. Hopefully you have a well-stocked first aid kit and plenty of adhesive bandages on hand. This Bible story activity encourages your family to call out to Jesus for healing. Jesus loves you and wants you to be well.

**For**  
Young Family

**Season**  
Summer

**Needed**  
Children's Bible or Bible storybook, Prayer Bandages worksheet (see last page), pen, scissors, tape

**Prepare in Advance**  
Locate the story of Jesus healing Bartimaeus (Mark 10:46-52) in a children's Bible or Bible storybook. Print one or two copies of Prayer Bandages worksheet (see last page).

## Activity Plan

1. Say this prayer aloud to begin.

*Dear God, sometimes we get sick or hurt and need help from Dad, Mom, a doctor, a nurse, or a friend. Remind us to call out to Jesus for healing and help us trust that he hears us. Amen.*

2. Talk with your children about a time they were injured or ill. It might be a time they can remember or a story you tell about a time when they were very young. Ask: Who helped you? How did you get better?
3. Introduce the Bible story by telling how one day Jesus met Bartimaeus, a man who couldn't see. Bartimaeus cried out to Jesus for help. Discuss: What do you think Jesus did? In the story, listen for three ways that Jesus responded to Bartimaeus.
4. Read aloud the story of Jesus and Bartimaeus (Mark 10:46-52) from a children's Bible or Bible storybook, or from the text below. You may want to have one adult or older child read Jesus' part and another to read Bartimaeus's part. If there are illustrations, show them as you are reading.

## **Mark 10:46-52**

### **Jesus Heals Blind Bartimaeus**

<sup>46</sup> And they came to Jericho. And as he was leaving Jericho with his disciples and a great crowd, Bartimaeus, a blind beggar, the son of Timaeus, was sitting by the roadside. <sup>47</sup> And when he heard that it was Jesus of Nazareth, he began to cry out and say, "Jesus, Son of David, have mercy on me!" <sup>48</sup> And many rebuked him, telling him to be silent. But he cried out all the more, "Son of David, have mercy on me!" <sup>49</sup> And Jesus stopped and said, "Call him." And they called the blind man, saying to him, "Take heart. Get up; he is calling you." <sup>50</sup> And throwing off his cloak, he sprang up and came to Jesus. <sup>51</sup> And Jesus said to him, "What do you want me to do for you?" And the blind man said to him, "Rabbi, let me recover my sight." <sup>52</sup> And Jesus said to him, "Go your way; your faith has made you well." And immediately he recovered his sight and followed him on the way.

5. Discuss: What did Jesus do when Bartimaeus called out to him for help? What are the three ways Jesus responded? What do we learn about Jesus from this story? Possible responses include:
  - 1) Jesus stood still. He stopped walking. He paid attention and asked Bartimaeus to come to him. Jesus is never too busy to stop and help!
  - 2) Jesus asked Bartimaeus what kind of help he needed. Jesus wants us to tell him what is wrong. Jesus cares about us!
  - 3) Jesus healed Bartimaeus and told him, "Go; your faith has made you well." Jesus wants us to trust in God's healing love, which can help us feel better!
6. Ask: What did Bartimaeus do after Jesus healed his eyesight? Why do you think he did this?
7. Discuss: How does Jesus help us today when we need healing? Talk about how Jesus can work through doctors, nurses, moms, dads, medicine, bandages, and other things to help us get well. We don't always heal as quickly as Bartimaeus did. But we know that Jesus is with us, pouring his love into our hearts while we wait and hope for healing.
8. Look together at the Prayer Bandages worksheet (see last page). Together, fill in the prayer concerns for yourselves or others. Cut out the bandages and tape them inside your first aid kit or medicine cabinet to remind you to ask Jesus for healing. You might make extra prayer bandages so you can give one to someone who is hurting, to express your love and Jesus' love for him or her.
9. Hold hands and pray:

*Dear Jesus, thank you for healing Bartimaeus and for healing us when we call out to you. Be with everyone who is sick or hurting right now, especially (name your prayer concerns). Show us how we can deliver the good news of your love to them. Amen.*



# Prayer Bandages

Jesus loves  
me!

Jesus is with me  
when I am  
sick or hurt.

Jesus  
loves you!

Jesus is with you  
when you are sick  
or hurt.

Jesus, heal those who  
are injured,

sick, sad, or  
lonely. Amen.

Lord, please heal  
\_\_\_\_\_.

Amen.

Jesus, please  
\_\_\_\_\_  
\_\_\_\_\_

Amen.

