My Name

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Everyone's name has a meaning and was chosen for a reason. Share with your child(ren) how, when, and why their names were chosen.

For

Young Family

Season

Winter

Needed

Bible, Book of baby names or access to internet search engine in which to search for name meanings

Activity Plan

1. Share in a prayer to begin using the following or your own words.

God, you have called us each by name, bless us in our conversations today. Amen.

- 2. Look up the meaning of each family members' names in a book of baby names or through an internet website, such as babynames.com.
- 3. Read aloud these Bible passages:

"And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great and will be called the Son of the Most High. And the Lord God will give to him the throne of his father David" (Luke 1:31-32).

"And at the end of eight days, when he was circumcised, he was called Jesus, the name given by the angel before he was conceived in the womb" (Luke 2:21).

- 4. Parents, share when you chose the name(s) for your child(ren). How long did it take to settle on a name? Why did you chose those particular name(s) for your child(ren). Who did you share the names with first? Be ready for "why" questions from your child(ren).
 - If there is a biblical connection to your child's name, try to find the passage in the Bible where it
 occurs.
 - If you know how your names were chosen by your parents share that with your child(ren) as well.
- 5. Read aloud 1 John 3:1.

"See what kind of love the Father has given to us, that we should be called children of God; and so we are."

Share about the day of your child(ren)'s baptism. What did it feel like to have your child become a "child of God"? What was the day like? Who was present? How did you celebrate?