

Musical Moments

By Stacia Edwards McDermott

Music, like God, is an intangible mystery that speaks to us in deep and profound ways. Get to know a different side of family members by sharing music that has been influential in your life.

For

Teen Family

Season

Fall

Needed

Appropriate device to play music for all to hear, two of your favorite songs, appropriate device to view YouTube video, movie (optional): *August Rush* or *Mr. Holland's Opus*



Prepare in Advance

- Have each family member bring one or two songs that have been influential in their life
- Have YouTube video ready of Sonicflood's song [I Could Sing of Your Love Forever](#) for closing prayer
- If watching a movie afterwards, get movie

Activity Plan

1. Say this prayer aloud to begin.

God of mystery, it's difficult to describe how music can touch our souls in such profound ways. As we are open to music's influence in our lives, let us always be open to the mystery that is You. Help us to be open to hearing your voice in the music that has shaped us. Thank you for this unbelievable gift. Amen.

2. Have each family member share one song that has influenced them. When presenting the song, have family members introduce it using answers to these questions:
 - Who wrote it and what's it called?
 - What was going on in your life when you first heard this song?
 - How does the song speak to you?
 - Any favorite lyrics or parts of the song?
3. After all family members have shared a song continue by doing one (or all) of the following:
 - Continue in this same pattern by sharing a second song.
 - Watch one of the movies listed that highlights the life-changing effects of music.
 - Make plans to go to a music event as a family (check your local newspaper for ideas).
 - Make up your own version of the game "Name that Tune," using it as an opportunity to share more of the music you love with family members.
4. Close by proclaiming Psalm 95:1 together and listening to the song [I Could Sing of Your Love Forever](#) on YouTube.

"Oh come, let us sing to the Lord; let us make a joyful noise to the rock of our salvation!"

