

# Living Water

By Amber Espinosa



At this stop on your Bible Trek, you'll learn how Jesus drank water from an unlikely person. And, you'll think about Jesus' promise of living water.

## For

Just For Kids

## Season

Fall

## Needed

Cracker, Glass of water, water color paints, markers, or crayons, your Bible Trek book, Bible

## Prepare in Advance

If you haven't already created your Bible Trek book, go to "Word Made Flesh," and find the directions for creating your own book.

## Activity Plan

1. Eat a cracker and think about what it means to be thirsty.
  - Think about a time when you were really thirsty.
  - Being thirsty can also mean that we long for something. When have you felt thirsty for something? For someone? For God?
2. Read John 4:4-14 from your Bible (or see text on last page).
  - In Jesus' day, people thought that Jesus shouldn't talk to a Samaritan woman, or drink water with her. How do you think the woman felt when Jesus talked to her?
  - By talking to a Samaritan woman, Jesus shows us that God's living water isn't just for certain people, but for all people.
3. Take a drink of water and think about what it's like to drink God's living water. We drink God's living water by reading the Bible, praying, and worshipping God together.
  - How does it feel when you take a big drink after being thirsty?
  - Think about a time when you went to church, prayed, or read from the Bible. Did you feel refreshed by God's living water?
  - What does Jesus mean when he says, "Drink from me, and you will never thirst?"
4. Jesus' living water gives us life, refreshes us and renews us, and even flows through us to other people.
  - Today, look for someone who seems tired and thirsty. Bring them a nice, cold glass of water.

- How can Jesus' living water flow through you to refresh others?
5. Use watercolors to create a page of your Bible Trek: Jesus' Life and Ministry book. Write the words, "Jesus is... living water for all people."
  6. In Baptism, God uses water to claim us as God's children. Use this blessing to remind yourself that Jesus is the living water.

Put your finger into some water and then use the water to make a cross on your partner's forehead.

Say: \_\_\_\_\_(name)\_\_\_\_\_, you are a child of God. May God's living water quench your thirst and flow through you to refresh others.

## Jesus and the Samaritan Woman

### John 4:4-14

And he had to pass through Samaria. So he came to a town of Samaria called Sychar, near the field that Jacob had given to his son Joseph. Jacob's well was there; so Jesus, wearied as he was from his journey, was sitting beside the well. It was about the sixth hour.

A woman from Samaria came to draw water. Jesus said to her, "Give me a drink." (For his disciples had gone away into the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask for a drink from me, a woman of Samaria?" (For Jews have no dealings with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have nothing to draw water with, and the well is deep. Where do you get that living water? Are you greater than our father Jacob? He gave us the well and drank from it himself, as did his sons and his livestock." Jesus said to her, "Everyone who drinks of this water will be thirsty again, but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life."

