

Family Memories

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Talk about your favorite family memories and grow closer together by remembering some of the great times you've shared as a family.

For

Teen Family

Season

Summer

Needed

Bible, Photo albums or digital photos from your teenager's toddler and preschool years



Prepare in Advance

Mark your Bible to Psalm 127:3 (or see the verse printed below)

Activity Plan

1. Say this prayer aloud to begin.

God, thank you for the wonderful times we've spent together as a family. Amen.

2. Ask someone to read aloud Psalm 127:3.

"Behold, children are a heritage from the Lord, the fruit of the womb a reward."

Talk about how children and teenagers are blessings.

3. Look at photos from when your teenager was a toddler and/or a preschooler. Talk about what your child enjoyed doing at that age, what made him or her happy, and how happy that child made you. Teenagers love to hear stories about themselves when they were young (although they often bristle at baby pictures and stories about when they were babies).
4. Together, talk about these questions:
 - How do these pictures make you feel?
 - What's your favorite childhood memory? Why?
 - How did our family have fun together when you were younger?
5. As a family, talk about how you can still have fun together. Brainstorm ideas of what to do together that everyone would enjoy. If your teenager would enjoy family time more by inviting a friend, encourage that. Sometimes families find that it's easy to have a fun time as a family when they go out for a dessert, beverage, or a meal.
6. Give your teenager copies of the photos he or she really likes from their childhood. Don't be surprised if some of these photos turn up on their social networking sites or as screen savers for their computer or cell phone.
7. Even though teenagers often don't like to get their pictures taken, find ways to continue to photograph your family and your teenager—without embarrassing your teenager. Some families take a silly-face photo for every happy-face photo they pose. Family photos create wonderful memories and capture enjoyable moments you've spent as a family.

