

Family, Faith . . . and Football?

By Beth Gier

As your family watches the Super Bowl or a college football bowl game, take a moment to talk about links between living faithfully and sports competitions.

For

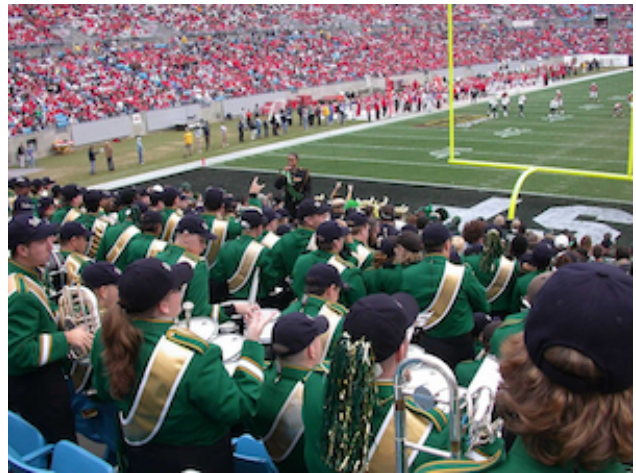
Young Family

Season

Winter

Needed

Faith and Football worksheet (see last page), pens or pencils



creativecommons.org/licenses/by/2.0/ 1

Prepare in Advance

- Make a copy of the Faith and Football worksheet for each family member.
- Give each person a tray or magazine to use under his or her paper while watching the game.

Activity Plan

1. Before the big game, gather the family and say this prayer to begin.

God of good health and good fun, be with all the players on these teams. Help them to do their very best and to treat their teammates and opponents with respect and kindness. Amen.

2. Talk about the game you are about to watch, using the following questions:
 - Who is playing?
 - Which team do you want to win?
 - Do you think God has a preference about which team wins this game? Why or why not?
 - What things in today's game might make God happy? *(For example: people have worked hard to prepare; people have taken good care of their bodies; people are having fun; people are working together; people are treating one another with respect; people are trying to do their best.)*
 - What things in today's game might make God sad? *(For example: people trying to hurt one another; people treating each other rudely or disrespectfully; people not following the rules of the game.)*
3. Give everyone a copy of the Faith and Football worksheet and a pencil or pen. Tell family members to be on the lookout for things that might make God happy as they watch the game and to write about or draw pictures of these things on their worksheets. Have fun!
4. After the game, compare responses. Talk about how the good things you noticed might be things that you can do when you play a game.

Faith and Football

As you watch the game, be on the lookout for things you think might please God or make God happy. Use words or draw pictures to describe these good things you see. Have fun!

