

Family All-Stars

By Lee Yates



Spend some time talking about the role of sports and priorities in your family's life. Make sure to treat each other as all-stars!

For

Teen Family

Season

Winter

Needed

Paper, pencils, scissors, basket or hat

Prepare in Advance

- Cut slips of paper.
- Write each person's name on a slip of paper and put it in a basket or hat.



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Activity Plan

1. Open in prayer. Here are some words if you need them.

Lord, we pause today to thank you for creating us and for sending your Son to teach us your ways. Remind us to keep following Jesus and help us to live out our faith each day. Amen.

2. Give each person a blank sheet of paper. Ask family members to fold the paper in half. On one half, they are to write the birthdays (month and day) of ten friends or family members. On the other half, they are to list the names of 10 sports teams (local, college, or professional) and their mascots.
3. After everyone has finished, invite each person to read his or her lists. Discuss how easy or difficult it was to make each list. Why do you think it was easy or difficult?
4. Discuss as a family:
 - How have sports affected our family in a positive way?
 - How have sports affected our family in a negative way?
5. Set out the basket or hat with each person's name in it. Have each family member draw a name. If someone gets his or her own name, re-draw. Tell family members to keep the name they draw a secret. Have family members take a few moments to think of how to do something visible (and maybe even cheesy) during the next week to make the person whose name they drew feel like an all-star. (Make a sign for this person, fix a meal or snack for him or her, or play a game together.)
6. Close in prayer. Here are some words if you need them:

God, help us to treat each other like all-stars. Open our eyes and our hearts so we remember to make the people you have placed in our lives a high priority. Amen.

