

Discover My Spiritual Gifts

By Chip Borgstadt



It doesn't matter how old you are, how you fit in with the people around you is important. The Holy Spirit gifts you with abilities that the world needs.

For
Adult / Couple

Season

Spring

Needed

Willingness to be used by God.
Spiritual Gifts worksheet

Activity Plan

1. Pray together at the beginning of the week:

Gracious God, you bless us through the people around us. Help us see how we are a blessing to them. Amen.

2. In your Bible read these short chapters: Romans 12, 1 Corinthians 12, and Ephesians 4.
3. Use the list of Spiritual Gifts worksheet (next page) to think about how the people in your life are gifted. Try to name one person for each gift.
4. Select one or two gifts that you have heard others attribute to yourself. How do the people in your life interact around the gifts they bring to a group?
5. Each day during the week, take a moment to reflect on your activities during the day. Which gifts did you observe in others? Which were expressed through your actions? Which gifts were needed, but not present? How do gifts influence a person's place in a group?
6. At the end of the week, share with those involved in this conversation an insight you have about spiritual gifts.
7. Pray for each other.

Additional Activity

Use one of the spiritual gift inventories found at these websites to further identify how God has equipped you to bless others.

[Spiritual Gifts Survey](#)

[Spiritual Gifts Analysis](#)

[Spiritual Gifts Assessment](#)



Spiritual Gifts

Faith	_____	_____
Prophecy	_____	_____
Teaching	_____	_____
Service	_____	_____
Leadership	_____	_____
Encouragement	_____	_____
Generosity	_____	_____
Mercy/Helping	_____	_____
Hospitality	_____	_____
Healing	_____	_____
Discernment	_____	_____
Languages	_____	_____

Add gifts you have observed that are given by the Spirit...

