

## Clip-a-blessing

By Erin Davis

Adopt a Beatitude attitude, reflect on your blessings, and share blessings with others.

### For

Teen Family

### Season

Spring

### Needed

Clothespins with hinges, permanent markers, paper, pens

### Activity Plan

1. Read Matthew 5:1-11, The Beatitudes (see next page). Talk about what kinds of blessings Jesus is proclaiming in this Scripture passage.
2. Share with each other some blessings your family has experienced.
3. Brainstorm ideas about what kinds of blessings people you don't know might like to receive. Write down short phrases, like "God loves you," "Here's a smile ☺" or other ideas.
4. Have each person in your family pick a few favorites and write one each on the side of a clothespin.
5. Stick these clothespins in a purse, pocket, or backpack. Brainstorm places you could leave these blessings. You could clip them on a newspaper in a coffee shop, to a book cover in the library, or to a magazine in the doctor's office. You could also clip them to each other's pillows or perhaps a curtain at a friend or relative's house. Try to share three or four blessings this week.
6. Take a video or shoot some pictures of your clothespin blessings and upload them to **Vibrant Faith @ Home**.



# Beatitudes

## Matthew 5: 1-12

Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, and he began to teach them. He said:

The Beatitudes

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they will be filled.

Blessed are the merciful, for they will be shown mercy.

Blessed are the pure in heart, for they will see God.

Blessed are the peacemakers, for they will be called children of God.

Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven.

"Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.

