

Better Family Chores

By Jolene Roehlkepartain



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Who does most of the chores in your household? Too often, it's one parent. Create family time by doing chores together.

For
Young Family

Season

Fall

Needed

Bible, Family Chore Chart worksheet (see last page), pens or pencils

Prepare in Advance

- Mark your Bible to Galatians 6:5.
- Make a copy of the Family Chore Chart worksheet for each person plus one additional copy.

Activity Plan

1. Say this prayer aloud to begin:

God, help each one of us to do our part for our family. Amen.

2. Ask someone to read aloud Galatians 6:5 from your Bible (or see the text below). Discuss: *What does it mean to bear your own load? What happens when people don't do their fair share of the work?*

Galatians 6:5

For each will have to bear his own load.

3. Give each person a copy of the Family Chore Chart worksheet and a pen or pencil. Set aside the extra copy.
4. Read through the list of chores together. Cross out any chores that don't apply. Which chores need to be added to the list? Add any additional chores at the end of the list next to "Other."
5. As a family, talk about which chores each family member could do on which day this week. If you have more than one child, it's often helpful to assign two people to do one chore so they can work together, such as setting the table or emptying the dishwasher.
6. Decide which person will do which chores for the next week. Some families find it easier for one person to do the same chore each day. Other families enjoy having one person set the table on Monday, another family member set the table on Tuesday, and so on.



7. Note that some chores are ones that everyone will need to do, such as making the bed or, perhaps, clearing the table.
8. Once you decide who will do which chores, take out the extra copy of the chart and write the name of the person responsible for each chore. Hang this copy of the chart in your kitchen or another prominent place. Finally, have each person cross out the chores on his or her copy of the chart for which he or she is not responsible. This will result in each family member having a unique chore chart—chores that are not marked out are the chores he or she needs to do.
9. When possible, choose a time for all family members to do their chores each day. When everyone is doing chores at the same time, chores are more likely to get done—and family members have more fun. Think of chores as another way to have family time together.
10. After one week, meet together and discuss: How did the chores go? What could we improve? Make a new family chore chart for the next week.



Family Chore Chart

Use this chart to track the completion of each family chore. Place a ♥ in each area as you complete the task.

Task	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Make bed							
Tidy up bathroom							
Sweep kitchen floor							
Do homework							
Take dirty clothes to laundry room							
Set table							
Clear table							
Fill dishwasher							
Empty dishwasher							
Wipe kitchen counters and table							
Do laundry							
Fold and put away clean clothes							
Take out garbage and recycling							
Sort mail							
Other:							
Other:							
Other:							
Other:							
Other:							
Other:							

