

FAITH FORMATION AT HOME - HOLY WEEK

BRIEF FAITH ACTIVITIES TO DO AT HOME.

FULL FREE LESSONS CAN BE FOUND ON VIBRANT FAITH CATALYST



vibrantfaith

Holy (Maundy) Thursday

YOU WILL NEED: sink or hose, towels, soap

PRAY: *Lord, thank you for being an example of how to serve, Let us learn and remember to serve others as well.*

DISCUSS: Ask your family why washing hands and feet is important (especially around this time). Discuss what your family has learned about washing hands recently. (Demonstrate best methods for hand washing.)

READ: John 13:1-17

DISCUSS AS A FAMILY:

- Why do you think Jesus washed his disciples feet?
- Washing people's feet and hands is dirty work? Why would Jesus do this?
- How would you feel if Jesus offered to wash YOUR feet?

ACTIVITY:

As a family, wash each other's feet (or hands) together. (You may want to gather around a sink or do this outside with a water hose.) You can organize it to where the oldest person washes the hands/feet of the person younger than them, and go through the whole family, ending with the youngest washing the oldest person's feet/hands.

DISCUSS:

- What did it feel like to wash someone else's hands/feet?
- What did it feel like to have someone wash your hands/feet?
- How is this activity like serving and helping others?
- What are some other ways we can help serve others outside of our family today and in the future?

Optional activity: go to www.umcmmission.org/umcor/serve/relief-supply-network/hygiene-kit and purchase items for your family to create a hygiene kit through UMCOR. Or you can use this idea to create a hygiene kit for a neighbor.