

## FAITH FORMATION AT HOME - FAMILIES

BRIEF FAITH ACTIVITIES TO DO AT HOME.

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# Fall Equinox - Part 1

By Beth Beall

*Let's join in celebrating the goodness of God's earth by focusing on the fall equinox which happens in September. (Equinox is pronounced "EEK-wih-nox.") We'll begin by reading some verses from the Bible that remind us how amazing God's creation is. Then we'll have the option to observe the outdoors near our home, or to draw a harvest moon. As we pay closer attention to God's world and the changing seasons, we can learn to love God's creation more deeply.*

**MATERIALS:** Bible reading, paper, pen/pencil, crayons (yellow, dark blue and black would be especially useful), an internet connection (optional)

### PRAY

Here is a prayer you might use to begin this activity. Perhaps you prefer to pray by using words that come from your own heart. You may also want to pray by not using any words at all, but rather by being still and silent for a moment.  
*God, out of your love you have created the universe, with all of its solar systems and galaxies, its sea creatures and strong mountains. Thank you! Help us to love and care for planet Earth all the days of our lives. Amen.*

### SCRIPTURE

Read the Bible passage (Psalm 104) that goes with this activity, then pick one or two of the questions below to think about on your own or with a friend or parent.

***Is there a sentence in this Psalm that you especially like?***

***The Psalm talks about how the moon keeps track of the seasons. Do you have a favorite season of the year?***

***Does God love one part of the creation more than another? For example, does God love badgers more than goats? Or people more than birds? Or night more than day?***

***In this Psalm the world is very healthy and happy. Can you think of two or three things that make the world sick, broken or sad?***

**What is the Autumnal Equinox?**

